



FINLAND

CHEAT SHEET



making the difference...



FINLAND

LAND OF MIDNIGHT SUN, SAUNA,
MOOMINS, SANTA CLAUS, 1000 LAKES
& THE HAPPIEST PEOPLE IN THE
WORLD

CURRENCY EUR €

TIPPING Tipping is not obligatory, but good service can be rewarded.

POPULATION 5.5 million

CAPITAL Helsinki

ELECTRICITY 230v 50hz , type C & F sockets with two round pins

TIME ZONE Finnish time is UTC+2 (UTC+3 during daylight saving time)

BAGGAGE Included 1 suitcase 23kg & 1 piece of hand luggage per person

SAFETY Very safe country, said to be the safest in the world

ARRIVAL PROCEDURE A representative from BDM will greet you at the airport
and transfer to the hotel.

MUST TRY FOOD Karelian Pasty, Lingonberries, Cloudberries, Fried Pickled Herring, Muikku fish, Finnish
Squeaky Cheese (cheese bread)

GREETING Handshake



FINLAND

DESTINATION INFO

Finland is a country in Northern Europe bordering the Baltic Sea, Gulf of Bothnia, and Gulf of Finland, between Norway to the north, Sweden to the northwest, and Russia to the east.

Full of interesting contrasts, such as the four seasons, the **Midnight Sun** and winter darkness, urban and rural, East and West, Finland is a hidden gem tucked into the far up North.

Finland is populated by **unspoiled pine forests**, glistening **blue lakes**, and a plethora of interesting wildlife, while the south is home to the nation's thoroughly modern urban centers.

Finland is well known as **the design nation**.

It's coast boasts the **world's largest archipelago**. It is difficult to get an exact number, but there are at least 70,000 islands, with over 20,000 of those being large enough for a small cabin or summer house.



HIGHLIGHTS

Midnight Sun

Sauna

Santa Claus

Lapland

Finnish design

Moomins

Iittala glass

Marimekko

Angry Birds game

1000's of lakes

200 000 cottages

310 Saimaa ringed seals

Suomenlinna

Sibelius

The world's largest archipelago

HELSINKI

DESTINATION INFO

620,982 people
300+ islands
1 sea fortress

Helsinki, known as 'The Daughter of the Baltic Sea' - the capital of Finland, is a vibrant seaside city of beautiful islands and great green parks.

Helsinki is a modern, pocket-sized European city known for design and high technology. Helsinki's attractive and unique character comes from its proximity to the sea, as well as its location between the East and the West.

Amazing places to visit:

- The fortress of Suomenlinna - a UNESCO World Heritage Site
- Helsinki cathedral
- Sibelius monument and park
- Museum of Contemporary Art Kiasma
- Helsinki University Museum
- Alvar Aalto museum
- Market Square



PRACTICAL TIPS



WEATHER

Great contrasts – cold winters and fairly warm summers.

In the summer, it gets as hot as 30 degrees Celsius, sometimes even more. Normal summer temperature is a bit over 20 degrees. In Finland, it is common to have up to a 70 degree difference in temperature between January and July.

EMERGENCY +

In case of an emergency while you are in Finland, always dial 112. It is a free call which will connect you to the police, fire brigade or hospital.

CLEAN WATER

You can drink the tap water, it is tasty and well-filtered.



PACKING TIPS



In the autumn and spring, waterproof footwear comes in handy if you intend exploring the outdoors. In the summer, casual wear is pretty much the same as in other parts of northern and central Europe – light trousers, shorts, tee-shirts and so on.

Think in layers. Bring comfortable walking shoes, scarf, backpack, a couple of t-shirts.

CONTACTS

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